

30-Day Puppy Checklist

Daily Routine for the First 4 Weeks

Week 1 Settling In

- Establish a consistent potty schedule
- Start crate training with short sessions
- Create bonding time with gentle handling and play

Week 2 First Lessons

- Teach name recognition and simple commands like "sit"
- Begin leash introduction indoors
- Stick to a regular feeding routine

Week 3 Building Confidence

- Introduce new environments, people, and sounds
- Add short 2-5 minute training sessions
- Encourage calm, curious behavior with praise

Week 4 Strengthening Skills

- Reinforce basic commands daily
- Practice short separations to reduce anxiety
- Encourage polite greetings and calm playtime